

# NetSetGo Rules



Rule	Set Tier (8-9 years)	Go Tier (10 years)	Penalty
<b>Match Duration</b>	4 x 10 minute quarters	4 x 10 minute quarters	
<b>Goal post</b>	2.4m high	2.4m–3.05m high	
<b>Ball</b>	Size 4	Size 4	
<b>Time to pass ball</b>	Up to 5 seconds	Up to 4 seconds	Free pass to the opposing team where the infringement occurred.
<b>Short pass</b>	Ball must be thrown (not handed) to another player. If two players from the same team gain possession of the ball in quick succession, <i>this is not considered a short pass.</i>	Ball must be thrown (not handed) to another player. If two players from the same team gain possession of the ball in quick succession, <i>this is not considered a short pass.</i>	Free pass to the opposing team where the infringement occurred.
<b>Replayed ball</b>	A player who fumbles while gaining possession of the ball <i>will not be considered to have replayed the ball.</i> A player may bat or bounce the ball up to 2 times to gain possession.	While the usual rules for replayed ball apply, consideration must be given to the age and skill level of the players in determining whether a player has control of the ball (i.e. some fumbling should be expected and allowed).	Free pass to the opposing team where the infringement occurred.
<b>Footwork</b>	1-2 steps to regain balance allowed.	Shuffling on the spot to regain balance allowed, without moving down the court.	Free pass to the opposing team where the infringement occurred.
<b>Offside</b>	A player who moves into an incorrect playing area and self-corrects <i>should not be penalised for offside.</i> Players may “play on” in the case of simultaneous offside (one player touches the ball), rather than a toss up being taken. Players should be given guidance if they move into offside areas and should not be penalised at the first instance. If a player regularly goes offside, even after guidance is given, they may be penalised. <ul style="list-style-type: none"> <li>• A player is offside if any part of their BODY touches the ground BEYOND the line bounding their own area of play.</li> <li>• ON the line is NOT offside</li> </ul>	Usual offside rule applies, with consideration given to the age and skill level of the players. Players may “play on” in the case of simultaneous offside (one player touches the ball), rather than a toss up being taken. If a player regularly goes offside (and does not seem aware that they are breaking the rules), they should be given guidance about the correct playing area/s for their position when penalised.	Free pass to the opposing team where the infringement occurred.
<b>Defending</b>	Strict one-on-one defence. Players <b>may not</b> defend a shot at goal.	Strict one-on-one defence. Players <b>may</b> defend a shot at goal.	
<b>Obstruction</b>	Players should be given guidance if they are obstructing, i.e. defending from a distance of less than 1.2m or have arms away from the body so as to limit the movement of an opponent and <i>should not be penalised at the first instance.</i> If a player regularly obstructs, even after guidance is given, they may be penalised.	A player must defend from a distance of no less than 1.2m. A player who is within 1.2m of an opponent cannot use movements that take the arms away from the body so as to limit the possible movement of an opponent.	Umpire blows the whistle and explains the infringement. Penalty pass/penalty pass or shot is awarded to the non-offending team.
<b>Centre pass</b>	Centre pass is to be taken by the non-scoring team	Alternate centre passes	
<b>Substitutions</b>	The game time should be evenly distributed amongst all players. Players should experience all positions over the course of the program/season. Substitutions should be made at game breaks except for injury/illness or blood.	The game time should be evenly distributed amongst all players. Players should experience all positions over the course of the program/season. Substitutions should be made at game breaks except for injury/illness or blood.	

Rule	Set Tier (8-9 years)	Go Tier (10 years)	Penalty
<b>Penalty pass</b>	Player taking the penalty pass must stand in the correct position and wait for the offending player to stand out of play before passing.	Player taking the penalty pass must stand in the correct position and wait for the offending player to stand out of play before passing.	
<b>Advantage</b>	The advantage rule should not be applied, with the exception of advantage goal.	The advantage rule should not be applied, with the exception of advantage goal.	
<b>Game management</b>	Game management section does not apply.	Game management section does not apply.	
<b>Coaching</b>	<p>The coach may move along the sideline (but may not interfere with the umpire) to provide players with immediate feedback as required.</p> <p>If the game is one-sided, coaches should use any means necessary to ensure a good experience for all players. This could include:</p> <ul style="list-style-type: none"> <li>• Rotation of players into positions they don't usually play.</li> <li>• Rest more skilled players.</li> </ul>	<p>The coach may move along the sideline (but may not interfere with the umpire) to provide players with immediate feedback as required.</p> <p>If the game is one-sided, coaches/umpires should use any means necessary to ensure a good experience for all players. This could include:</p> <ul style="list-style-type: none"> <li>• Centre pass is taken by non-scoring team.</li> <li>• Rotation of players into positions they don't usually play.</li> <li>• Rest more skilled players.</li> </ul>	
<b>Out of court</b>	<p>The ball is out of court if it touches the ground outside the court or a person or object that is touching the ground outside the court.</p> <p><b>On the line is not out of court.</b></p>	<p>The ball is out of court if it touches the ground outside the court or a person or object that is touching the ground outside the court.</p> <p><b>On the line is not out of court.</b></p>	<p>Throw in to the opposing team.</p> <p>The player taking the throw in:</p> <ul style="list-style-type: none"> <li>• Both the held ball and footwork rules apply.</li> <li>• The umpire may direct the player to where the throw in shall be taken.</li> </ul>
<b>Untouched centre pass</b>	The Centre Pass must be caught or touched in the Centre Third, by a player with both feet in the Centre Third.	The Centre Pass must be caught or touched in the Centre Third, by a player with both feet in the Centre Third.	Free Pass to the opposing team taken in the Goal Third where the ball crossed the transverse line.
<b>Offside</b>	<p>A player is offside if any part of their BODY touches the ground BEYOND the line bounding their own area of play.</p> <p>ON the line is NOT offside</p>	<p>A player is offside if any part of their BODY touches the ground BEYOND the line bounding their own area of play.</p> <p>ON the line is NOT offside</p>	Free pass to the opposing team where the infringement occurred.
<b>Over a third</b>	<p>The ball cannot pass over a complete third without being touched or caught.</p> <p>It cannot pass over 2 transverse lines or over both a transverse line and goal line.</p>	<p>The ball cannot pass over a complete third without being touched or caught.</p> <p>It cannot pass over 2 transverse lines or over both a transverse line and goal line.</p>	Free pass to the opposing team where the infringement occurred.
<b>Contact</b>	<p>Contact occurs when an opposing player knocks or bumps an opponent in a manner that interferes with play.</p> <p>Contact can be deliberate or accidental.</p> <p>Players can touch without contact occurring.</p>	<p>Contact occurs when an opposing player knocks or bumps an opponent in a manner that interferes with play.</p> <p>Contact can be deliberate or accidental.</p> <p>Players can touch without contact occurring.</p>	<p>Umpire blows the whistle and explains the infringement. Penalty pass/penalty pass or shot is awarded to non-offending team.</p> <p>Player taking the penalty pass must stand in the correct position and wait for the offending player to stand out of play before passing.</p>
<b>Playing the ball</b>	<p>A player may not:</p> <ul style="list-style-type: none"> <li>• Deliberately fall on the ball to gain possession.</li> <li>• Gain possession or throw the ball while lying, sitting, or kneeling on the ground.</li> <li>• Roll the ball to another player.</li> <li>• Kick or punch the ball.</li> </ul>	<p>A player may not:</p> <ul style="list-style-type: none"> <li>• Deliberately fall on the ball to gain possession.</li> <li>• Gain possession or throw the ball while lying, sitting, or kneeling on the ground.</li> <li>• Roll the ball to another player.</li> <li>• Kick or punch the ball.</li> </ul>	Free pass to the opposing team where the infringement occurred.
<b>Awards and scoring</b>	No scores should be kept and no finals are played. No best and fairest awards should be awarded.	Scores may be kept but no ladder produced; no finals are played. No best and fairest awards should be awarded.	